# B.N.M DEGREE COLLEGE ACADEMIC YEAR 2016-17 BEST PRACTICES

**BEST PRACTICE 1 - MENTORING** 

TITLE OF PRACTICE: MENTORING

# **OBJECTIVES OF THE PRACTICE**

The main purpose of this practice is to create a better bonding between the teacher and the students. Here the teacher is the mentor students are the mentees. The mentor will provide all round help support encouragement and motivation in curricular, co-curricular and psychological aspects

The mentor is the support system beyond the class room . This is to help the student to emerge has an independent and empowered individual when he/she leaves the institution.

It is necessary for the younger generation, in the present day context, who are in their adolescence and formative age to have someone to look up on- there comes the need of the mentor.

#### THE CONTEXT

The college is fully aware of the fact that the students come from various socioeconomic and educational backgrounds. Some are first generation learners, whose parents are unable to help their wards, academically and psychologically. The teacher has to take up the responsibility of the students who are to be helped for their overall personality development. Students, sometimes find themselves in umpteen problem- ridden situations, where they find themselves in a confused state here the mentor can become their friend, philosopher and guide.

# THE PRACTICE

The class teacher would become a mentor for the respective class. A time slot is to be allotted for each class for the proposed meeting of the mentors and the mentees. Mentees should make use of this opportunity for their empowerment mentees also should create a comfort zone for the mentees and gain their confidence. Issues about peer pressure, health and family and academics could be a part of their discussion. The college faculty would be more resourceful not just in academics but beyond education. They should help the student to progress not merely to clear the exam and to go the next class, but to be of help in the process of their holistic development.

The students are made aware of the modern challenges which are filled in the global life, but these challenges should not deter the students from facing them. Mentor should become a motivating factor to the mentee in such matters.

The motto of mentoring is to make the student understand what is the issue and it is to be made into an opportunity and enriching atmosphere of encouragement support and motivation would be created by the mentor.

# **EVIDENCE OF SUCCESS**

There are students who come for academic counselling and later slowly show up their fears and doubts regarding their future, but there is an improvement in the teacher- student relationship. Students have shown confidence and substantially improved their rapport with the mentors. There is a congenial atmosphere of sharing and caring between the mentors and mentees. This proves that the mentoring is sure to meet with greater success in the days to come.

The students have no longer become aloof from the mentors, but found them to be a trusted support system that can be approached for any issues which they found uncomfortable to share earlier. They show improves interest in their academics and sports also.

# PROBLEMS ENCOUNTED AND RESOURCES REQUIRED

The students do not feel comfortable to speak to their mentors. The numbers of mentees are low due to the fear that their issues or problems may come to light or discussed in public.

The students do not utilize the opportunity to seek the help of the mentor out of low self-esteem. The mentors had to make the aware that it would be to their advantage to meet their mentor.

The mentor often fall short of time to attend to all their mentees due to the time constrained

Sometimes the students might not have got the satisfactory solution for their problems they feel dissatisfied with the mentors approached to their problems in addressing their issue

A separate room allotted for mentoring makes the students even more hesitant to approach the mentor for the fear of being known to others, that they have gone there with a problem.

#### **BEST PRACTICE 2 - ASSEMBLY**

TITLE OF THE PRACTICE: ASSEMBLY

#### **OBJECTIVE OF THE PRACTICE**

General assembly is conducted regularly in the college premises, with a patriotic song one of the objectives of this practice is to bring the students together and also create a bonding between them. Another purpose of this practice is to encourage public speaking and reading the headlines of the leading newspapers and to know about the current affairs. It will also help them to gain general knowledge simultaneously. It will also provide a platform to overcome stage fear and become confident individuals.

#### THE CONTEXT

The students and teachers are a part of the assembly, it reaffirms the patriotic feeling among all the participants there .Every student has to get a chance to read the newspaper or speak about any topic on current affairs. Again, it is a chance to go beyond academics. Many may be motivated to think of some careers beyond the regular careers. The class teachers and the class representative will have to take initiative in this regard.

# THE PRACTICE

The assembly is conducted regularly in the college. The students involve themselves in conducting the assembly forming a line or circle etc. The teachers also take the initiative to bring in both awareness, confidence and discipline to the young minds. This helps the students to begin their classes with a fresh state of mind.

Some days are chosen with the colors of the rainbow. The entire college students and teachers will be dressed in the same color, each day. This practice is also to make the students and teachers to be conscious of the color they have worn and also the significance of the colour.it is also a topic to be spoken for the day. This practice vibes well with the young minds and they are very enthusiastic to speak during the rainbow week. It is both easy and fun, at the same a good learning experience. The news reading is also an enlightening experience to the students, where some of them have this practice at their school level. So this is done with joy and responsibility.

#### **EVIDENCE OF SUCCESS**

This practice has instilled interest in the students, which they look forward each day. Some of them also take part in this practice with a little hesitation, but after watching their friends, they get motivated and stay motivated. Self-confidence is gained it has kept the students to develop leadership qualities as well. The awareness of the current affairs is also evident. Gradually, by the time of their exit from the portals of the institutions they leave as confident individual's .They also keep the teachers motivated. The students also develop a sense of pride and patriotism toward their country which instils the teachers also to stay motivated.

# PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

Some students are unable to attend the assembly because of their part time jobs which consumes their time at night. Subsequently, they are late risers and they are not able to attend the assembly even if they intend to.

Public speaking frightens the students for the lack of confidence in speaking the foreign language -English they are comfortable in their native language and feel that English is being imposed on them.

The motivation from the teachers and their friends is of little use, to some students motivation seems to be lacking in them.